



# ACTIVSTARS OUTREACH

Outreach Guide

★ VARSITY  
Cheer ★





# About ActivStars Outreach

**We enrich the lives of youth and give back to our communities.**

ActivStars Outreach was established to help bring affordable after-school and weekend youth sports programs to all children, regardless of their financial situation. Our 501(c)3 non-profit program is designed to make it easy to identify and help those in need for our communities.

Each year, our partners benefit thousands of children across the country. ActivStars Outreach works with partners to deliver classes and programs that:

- Boost self-confidence and teamwork skills
- Promote a physical lifestyle
- Help children play an active part of their community
- Teach children about safety awareness
- Develop self-respect and respect for others







# Recreation Programs

ActivStars Outreach currently offers youth recreation programs for Karate, Soccer and Cheer across multiple US states. All of the programs we offer are co-ed. We work directly with our partners to ensure that our recreation programs reach deep into our communities and help serve as an innovative model for the youth recreation industry. ActivStars Outreach is always looking to expand its Partner network and grow the types of youth sports and activities we offer.







# KARATE

Karate and martial arts classes teach self-defense and safety-awareness in an exciting format for youth! Students learn martial arts' skills, respect, and discipline, as well as verbal and physical defense skills effective against "strangers" and "bullies." Our multi-belt ranking system is designed to encourage students to set and achieve goals, with opportunities to demonstrate improvement every semester.

ActivStars has its own SAFEShield program designed specifically to help students learn safety awareness for every environment they encounter. Our curriculum includes weekly safety tips that address the lures strangers use on children and teens. We use role-playing to help students practice skills so they can better deal with life at school and in their community.



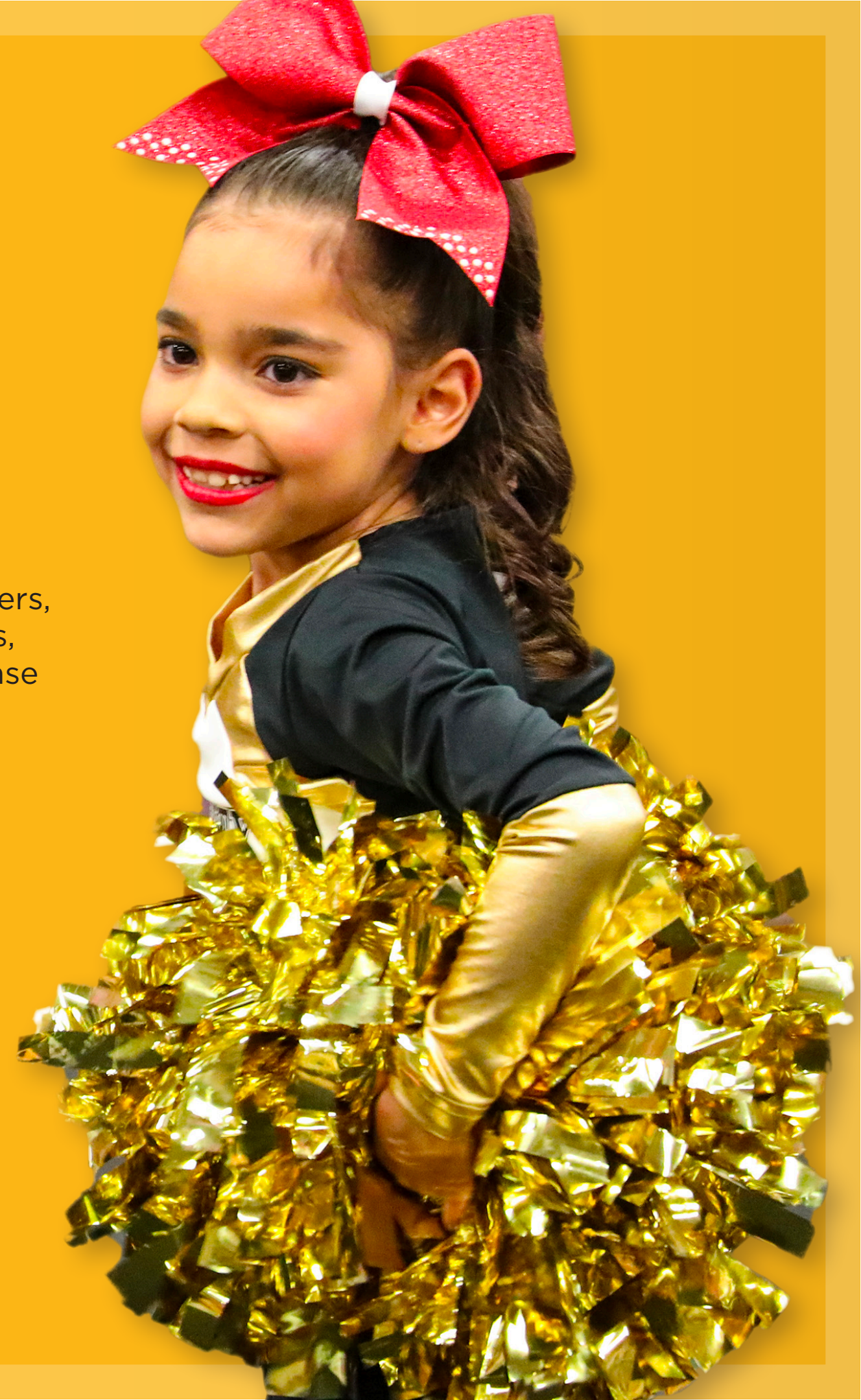




# CHEER

Cheerleading classes give students lessons on sports, fun, and safety as they learn cheers, chants, arm motions, pom-dance, and voice projection. Cheer improves physical fitness, teamwork, and spirit! Our kids also tell us that these programs provide them with a sense of team spirit, improved self-esteem, and even help them get ready for school tryouts.

Our ActivStars partners currently offer a wide range of cheer classes and activities designed to help students of all ages learn and grow in a positive environment. Coaches are experienced in training young athletes, and choreographing competition routines as students prepare for regional Cheer Competitions.







# SOCCER

Soccer is an excellent team sport which we coach in a non-competitive atmosphere. Students first master game fundamentals and ball-handling skills such as dribbling, passing, and defending. Scrimmages and games are used to teach students rules, teamwork, inside a positive and fun environment.

Students are invited to participate as a team in our Soccer Tournaments. ActivStars doesn't introduce scoring or competition until the end of each season so that our stars can focus on growth and fun - two things proven to help children develop a lifelong love of sport.





# Get Involved.

ActivStars Outreach relies on three key pillars to bring its mission to life. Each one depends on community leaders like you to make a difference in the lives of children.



**GIVE**



**PARTNER**



**VOLUNTEER**





# GIVE

ActivStars Outreach is a 501(c)3 non-profit corporation. That tax-exempt status means that all donations from companies or individuals are fully tax-deductible. ActivStars Outreach was formed exclusively to benefit youth and our communities across the nation. With your help, we offer a wide range of affordable, quality sports and recreational activities throughout the year. Your tax-deductible donation to ActivStars Outreach is essentially an investment in your community and our nation's youth and future.

**Together, we can keep our communities strong by investing in our children.**







# PARTNER

Our partners are the reason ActivStars Outreach is able to provide youth sports programs and financial assistance to thousands of students each year. We are deeply grateful for their generosity and support in making our world a more enjoyable and welcoming place for youth in the local community.

Our partners show today's youth that their community cares about them and wants to help them succeed. Partners help us with:

- Class and event locations
- Coach training programs
- Providing youth programs in your community
- Medal, ribbons, trophies, and more for semester-end competitions

**Together, we can offer exciting youth recreation programs that enrich lives.**







# VOLUNTEER

ActivStars Outreach works with a wide range of volunteers around the country to create youth sports programs that allow our children to learn and grow inside safe, encouraging, and fun environments. There are numerous opportunities available for volunteers to support our cause through outreach, fundraising, and more. Our success comes from our amazing volunteers.

**Together, we can partner in creating strong communities and inspired youth.**





**Together, we can make a  
difference in the lives of children.**

**Show me how I can help!**



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